SAGE

Sage is a hardy evergreen with highly aromatic leaves, especially when crushed. It likes a sunny position in a good well-drained soil (not peat-based if it is to be re-potted in a container). Sage is a Mediterranean herb so features heavily in Italian food, with the leaves and flowers both tasting similar. Sage is a well known culinary herb, but also comes with a wide range of leaf colourings / markings, and in the case of painted sage it has multi-coloured flower stems on a single plant. The leaves are slightly more textured on the painted variety, but are edible and can be used exactly the same. I have found the flowers of this particular sage variety are very appealing to bees.

