SWEETCORN



- The Sweetcorn varieties we are growing this year are Conqueror and Earlibird. As the name suggests, Earlibird is an early variety, while Conqueror is ready to harvest several weeks later. It is also best not to mix varieties together when planting as cross-pollination causes the cobs not to fill out properly.
- When planting Sweetcorn it is best to plant it in blocks as this will ensure the best crop. Sweetcorn is wind-pollinated, and the pollen will drop from the tassels at the top of the plant onto the 'silks' of the tiny cobs sprouting from lower down the plant, so block planting ensures the best chance of pollination.
- Sweetcorn is ready for harvesting when the silks have turned brown, and you can test the cob before picking by peeling back a small area of the leaves and exposing the cob beneath. Puncture a kernel and if the liquid that comes out is a milky colour, the cob is ripe for picking, if not, replace the leaves and give the cob a bit more time to ripen.
- Home grown Sweetcorn tastes far superior to supermarket cobs as the sugars soon turn to starch, so the shorter time between picking and eating, the better! The cobs can also be frozen straight after

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